



LACROSSE
SOUTH AUSTRALIA



SA UNDER 18 BOYS AND GIRLS TEAMS

ASSISTANT COACH

POSITION DESCRIPTION

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Lacrosse SA is the peak body for Lacrosse in South Australia and drives the vision, strategy, finances, governance and coordination of competitions and representative teams in the state. Lacrosse SA aims to provide quality high-performance programs through its various representative teams which offer athletes and coaches with significant development opportunities and an exceptional Lacrosse experience.

TEAM OVERVIEW

The Under 18 Boys and Girls Teams will proudly represent Lacrosse SA with great endeavour and sportsmanship at the 2026 LA Under 18 National Championship (dates and location TBA, anticipated to be held over the Easter long weekend).

The team will provide opportunities for all eligible Lacrosse SA participants to develop their skills, athleticism and knowledge throughout a balanced program that allowing for personal, club, state and national commitments.

POSITION OVERVIEW

The Assistant Coach is responsible for providing support to the Head Coach across all aspects of team planning, administration, selection, preparation and competition.

REPORTING RELATIONSHIPS

The Assistant Coach reports directly to the Head Coach of the Team, as well as the Lacrosse SA, Executive Officer. The Head Coach may also delegate certain responsibilities to supervise specific sections or areas of the team where appropriate.

PERIOD OF APPOINTMENT

Assistant Coaches are appointed for one team cycle. All positions need to be reapplied for each year.

The position commences immediately after notification of appointment and will conclude after the Assistant Coach and the Team Manager lodge their post program report to Lacrosse SA (within 60 days of the event completion).

FINANCIAL SUBSIDISATION

The position is a voluntary role. Lacrosse SA will provide full cost subsidy for the Head Coach, Assistant Coach and a Team Manager for each representative team. This subsidy covers essential uniform, flights and ground transport, standard meals and mandatory functions.

POSITION RESPONSIBILITIES

PLANNING

- Liaise with the Head Coach to assist with any planning requirements regarding programs and schedules, training and event arrangements.

TEAM SELECTION

- Assist the Head Coach to develop and implement a fair, balanced and quantitative player selection process that incorporates a Lacrosse SA appointed selection panel and a comprehensive assessment of each player.
- Assist the Head Coach to provide feedback to non-selected players to direct future development.

COACHING: TEAM PREPARATION PHASE

- Assist the Head Coach to determine the team's game style and strategy where requested.
- Support and implement the desired techniques, strategies and game style determined by the Head Coach.
- Assist the Head Coach to design and facilitate training sessions that are enjoyable, flowing, maximise participation, maximise development and align with the master program.
- Teach relevant skills, techniques and strategies determined by the Head Coach.
- Utilise varied teaching methods including demonstrations, whiteboard discussions, film review, written material and question time.

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- Assist the Head Coach to provide players with regular and constructive feedback that drives continued development.
- Assist the Head Coach to determine, communicate and facilitate daily schedules, routines, travel arrangements and meal arrangements.
- Assist the Head Coach to analyse opponents and develop and/or communicate appropriate game strategies to the playing and coaching group to maximise team performance.
- Support, motivate and inspire the individuals and groups to perform at their best.
- Actively promote good sportsmanship.

SUPERVISION OF TEAM MEMBERS

- Contribute to the development of team values, rules and responsibilities to guide individuals' behaviour.
- Maintain an appropriate level of supervision over team members at all times.
- Report any issues relating to the safety, health (physical and mental), injury, and behaviour of team members to the Head Coach or a Lacrosse SA Member Protection Officer.

REPORTING AND GOVERNANCE

- Assist the Head Coach to prepare various reports as required.
- Act in accordance with Lacrosse SA bylaws, policies, procedures and guidelines at all time.

SELECTION CRITERIA

ACCREDITATION, QUALIFICATIONS AND DCSI CHECKS:

- Current Working with Children Check
- LA Club Coach Accreditation
 - Sport Australia - Community Coaching General Principles. (requirement within Club Coach Accreditation)
 - Play by the Rules, Certificate in Harassment and Discrimination Practices. (requirement within Club Coach Accreditation)
 - Play by the Rules, Certificate in Child Protection Practices. (requirement within Club Coach Accreditation)
 - [Coach Development Plan](#)
 - [Australian Sport Commission \(ASC\) Concussion Management Online Training](#)
- Sport Integrity Australia ([Sport Integrity Australia eLearning: Log in to the site](#)):
 - Anti-Doping Fundamentals
 - Anti-Doping for Coaches
 - Annual Update (must be completed in the year of the Championship)
 - Illicit Drugs in Sport
 - Ethical Decision Making
 - Introduction to Match Fixing

MINIMUM AGE

21+ years of age at time of application or possess significant high-performance coaching experience.

EXPERIENCE

- Lacrosse knowledge and philosophy.
- Extent of relevant and recent coaching experience.
- High performance playing and coaching experience.

RELATIONSHIPS AND LEADERSHIP

- Ability to lead, motivate and inspire teams and individuals to perform at their best.
- Ability to work effectively with the Head Coach and support determined directions.

COACHING: PREPARATION PHASE

- Ability to contribute to a fair and quantitative selection process.

ASSISTANT COACH

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- Ability to contribute to the development and facilitation of training sessions that are enjoyable, flowing, maximise participation, maximise development and align with the master program.
- Ability to teach relevant skills, techniques and strategies and correct faulty execution.

COMMUNICATION AND ORGANISATION

- Communication skills, relevance and impact.
- Preparation and punctuality.

SELECTION PROCESS

All eligible applications will be reviewed by a diverse panel of selectors that is chaired by the Lacrosse SA Executive Officer. The panel will evaluate each application against key selection criteria and forward recommendations based on those evaluations to the Lacrosse SA Board. Once the Board ratifies a candidate the successful candidate will be offered the position and if accepted the other candidates will be notified of their status and provided feedback on their application.

In the absence of a suitable candidate/s Lacrosse SA may recruit for this position by other means.

PERFORMANCE INDICATORS

The performance of the program and Assistant Coach will be assessed against the following indicators:

- Event and match results and the overall development of the team and individual players.
- Player/parent/guardian post-program satisfaction survey.

Performance against the selection criteria listed in this document.

TO APPLY

All applicants are asked to apply through the online application form via:

<https://membership.mygameday.app/regofrm.cgi?formID=119078>

To apply please read the position description and ensure you upload the following documents with your application:

SELECTION CRITERIA STATEMENT

- A paragraph (or more) addressing each of the questions in the attached "Selection Statement" document.

ACCREDITATION/ELIGIBILITY DOCUMENTS

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ONCE YOU COMPLETE THIS PROCESS YOUR DOCUMENTS WILL REMAIN IN THE DATABASE, MAKING FUTURE APPLICATIONS MUCH EASIER.