



GIRLS/WOMENS PLAYING RULE VARIATIONS

2026

GRADE/CRITERIA	U13	U15	U18	DIVISION 2	DIVISION 1	STATE LEAGUE
QUARTER DURATION	12 mins	15 mins	15 mins			
STOP CLOCK	Team time outs only (Finals as per other grades)	Q1: last 30 seconds Q2: last 30 seconds Q3: last 30 seconds Q4: last 2 minutes Clocks to be stopped on every whistle in the last 30 seconds of quarters 1-3 and last 2 minutes in quarter 4. They are to be restarted on the whistle or when the player legally self-starts.				
BREAK TIMES	2 – 5 – 2	2 – 5 – 2	2 – 5 – 2	2 – 5 – 2	2 – 5 – 2	2 – 5 – 2
	Timers must start game clocks as soon as time out or break clocks finishes even if teams are not on field					Televised 4 – 5 – 4
DRAWS/OVERTIME	None (Finals as per other grades).		All teams must play to a result. SUDDEN VICTORY: 2 min break, 4 min periods with a 2 min break between each 4 min period until a goal is scored. No time outs.			
TEAM TIMEOUTS	2 x 90 SECOND TIMEOUTS, PER TEAM, PER GAME					
LATEST FINISH TIME	11.30am	10.30am				
CARDS	Yellow Card (Y) = 2 Minutes, Yellow/Red Card (Y/R) = 5 minutes, Red Card (R) = 10 minutes					
SPECIAL CONSIDERATIONS	10 per side if both teams have 12 or more players. Full field. Score line margin suggestions apply. Not required to 'even-up' during finals.	Must have 8 players to START a game (if players leave due to injury illness game can continue with less than 8 but will be abandoned if less than 6).				Must have 10 players to START a game.
				Team rosters for any game is 14 players unless it is the lowest grade for that club and then the team is restricted to 23 players.		