



LACROSSE
SOUTH AUSTRALIA



Coles

UNDER 15 BOYS AND GIRLS ZONE TEAMS

HEAD COACH

POSITION DESCRIPTION



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Lacrosse SA is the peak body for Lacrosse in South Australia and drives the vision, strategy, finances, governance and coordination of competitions and representative teams in the state. Lacrosse SA aims to provide quality high-performance programs through its various representative teams that provide athletes and coaches with an exceptional lacrosse experience and significant development opportunities.

TEAM OVERVIEW

The Under 15 Girls and Boys zone teams will compete in the 2026 LA Under 15 Boys and Girls National Tournament, from Sunday, October 4th, 2026 – Saturday, October 10th, 2026, in Bokarina, Queensland and will:

- Comprise of only eligible Lacrosse SA affiliated players.
- Provide opportunities for all athletes to develop their abilities, athleticism and knowledge throughout the trial/selection period, preparation period and in competition.
- Adhere to a preparation schedule determined by the Head Coach with an emphasis given to both discipline and performance.
- Promote a balanced approach to lacrosse and allow for personal, club, state and national team obligations.
- Compete with exceptional sportsmanship, with the best interest of the game and Lacrosse SA at the forefront of their mind.

The team will provide opportunities for all eligible Lacrosse SA participants to develop their skills, athleticism and knowledge throughout a balanced program that allowing for personal, club, state and national commitments.

FUNCTIONS OF THE HEAD COACH

The Head Coach will:

- Reinforce the vision statement and program philosophies.
- Provide input on the direction of the program.
- In consultation with Team Personnel, direct the 2026 Under 15 Boys or Girls Program.
- Be a member of the Team Selection Panel to provide input.

AGE GUIDELINES FOR COACHES AND MANAGERS

- The age of head coaches for tournament teams shall be 25 years old at time of application or have considerable high level coaching experience.
- The age of assistant coaches for tournament teams shall be at least 18 years of age at time of application.
- Managers shall be at least 25 years old at time of application.

APPLICATIONS

All applicants are asked to apply through the online application form: <https://membership.mygameday.app/regoform.cgi?formID=121173>

To apply please read the position description and ensure you upload the following documents with your application:

SELECTION CRITERIA STATEMENT

- A paragraph (or more) addressing each of the questions in the attached 'Selection Statement' document.

ACCREDITATION/ELIGIBILITY DOCUMENTS

- Working with Children Check
- Anti-Doping Fundamentals Course
- Annual Update
- LA Club Coaching Course



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- Introduction to Illicit Drugs in Sport
- Safeguarding Children & Young People in Sport Induction course
- Play by the Rules Certificate in Harassment and Discrimination

Courses can be accessed via: <https://elearning.sportintegrity.gov.au/login/index.php>

ONCE YOU COMPLETE THIS PROCESS YOUR DOCUMENTS WILL REMAIN IN THE DATABASE, MAKING FUTURE APPLICATIONS MUCH EASIER.

Post: Executive Officer, Lacrosse SA, PO Box 246, West Beach, SA, 5024

Email: office@lacrossesa.com.au, Fax: (08) 8355 3360

If there are no applications or no suitable candidates, Lacrosse SA reserves the right to re-advertise or approach suitably qualified candidates to apply.

THE ROLE

PROGRAM DEVELOPMENT

- Develop and communicate a comprehensive preparation calendar that is geographically spread and neutralises travel time/expense across the squad.
- Develop and implement effective communication channels and protocols with squad/team members that support LSA policies.
- Develop a comprehensive and intensive training program.
- Develop and distribute supporting documentation.
- Define required squad/team personnel roles, identify and select the required personnel in conjunction with relevant LSA stakeholders and policies.

GOVERNANCE

- Maintain a sound understanding, support and adherence to all policies, including (but not limited to) the Code of Conducts, finance policies, member protection policies, child protection policies, harassment and discrimination policies and weather related policies.
- Attain, provide and maintain the required accreditations and checks set out in the selection criteria.
- Maintain regular contact with relevant LSA stakeholders, squad/team personnel and athletes.
- Provide a written report to LSA at the completion of the program summarising the program, calendar, results, finances, travel arrangements, other essential information and any opportunities for improvement.

SELECTION

- Design and communicate an appropriate and balanced set of selection criteria.
- Assist LSA to form an unbiased selection panel containing maximum of 3 persons including the Head Coach to select the best possible Squad/Team available based on the criteria set.
- Provide detailed feedback to players omitted from the Squad/Team that details areas for future development and explains what they can do to be selected in the future.

COACHING

- Determine and implement technical strategies for team and individual game play.
- Communicate, educate and empower Assistant Coaches and other staff to implement the determined strategies in their roles.
- Provide expert team, specialist and individual coaching.
- Utilise varied teaching methods including demonstrations, whiteboard discussions, film review, written material and question time.
- Develop supporting materials to assist with athlete and coach education and development.
- Seek to develop individual athletes and coaches to the maximum of their ability.
- Pursue leading edge initiatives, techniques and strategies.
- Pursue a balanced focus of "technical mastery" and winning.



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- Provide quality feedback on a regular basis to athletes and personnel, utilising written evaluations, individual meetings, team meetings and technical advice on the field.

SUPPORT SERVICES

- Co-ordinate the delivery of support services including strength and conditioning, recovery, and rehabilitation activities.
- Integrate sports science and sports medicine knowledge into the program.
- Engage and include injured athletes in modified roles or capacities wherever possible.
- Be aware of the mental health of those around you and provide emotional support to those in need.

REPORTING RELATIONSHIPS

- LSA Executive Officer
- Head Coach, Assistant Coach, Team Manager
- Medical Staff.

SELECTION CRITERIA

ACCREDITATION, QUALIFICATIONS AND WORKING WITH CHILDREN CHECKS:

- Working with Children Check
- Anti-Doping Fundamentals Course
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EXPERIENCE

- In-depth experience and demonstrated success coaching at a relevant club level or higher.
- Experience and proven capability in the holistic development of athletes.

KNOWLEDGE AND SKILLS

- Specific knowledge of individual technique development, principles of play and delivery.
- Ability to promote game sense aspects of the sport.
- Understanding of concepts and the proven ability to integrate modern sports science, sports medicine and technological advancements into training programs.
- Capacity to develop individual players in a high-performance environment.
- Exceptional, planning, communication and interpersonal skills.
- Sound personnel, financial, administration and IT skills.

PERSONAL ATTRIBUTES

- Positive people management abilities.
- Strong and demonstrated leadership qualities.
- Effective communication and negotiation skills.
- Core values aligning with LSA's strategic vision.

KEY RESULT INDICATORS

- Generation of a quality pool of squad applicants.
- Implementation and integration of leading-edge approaches in coaching, sports science, sports medicine and technology.
- Operates within policy parameters.
- Achieve an agreed set of team and individual targets.
- Promote athletes under your leadership to higher level teams in local and Australian Lacrosse.
- Placing/improvement in ranking in live competition.
- Player satisfaction/development survey.



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FINANCIAL INFORMATION

- The role is a voluntary position.
- Subsidisation of travel and accommodation is offered when teams travel. Funds to support this subsidisation are drawn from the pool of paying athletes.
- LSA provide team travel packages for travelling teams and alternative arrangements are unavailable. Team members wishing to make alternative arrangements do so at their own expense and in addition to the team travel package offered by LSA.
- LSA will provide estimated costs to team members but will not provide individually itemised invoices.