

LACROSSE
SOUTH AUSTRALIA

UNDER 15 BOYS AND GIRLS ZONE TEAMS

ASSISTANT COACH

POSITION DESCRIPTION

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Lacrosse SA is the peak body for Lacrosse in South Australia and drives the vision, strategy, finances, governance and coordination of competitions and representative teams in the state. Lacrosse SA aims to provide quality high-performance programs through its various representative teams that provide athletes and coaches with an exceptional lacrosse experience and significant development opportunities.

TEAM OVERVIEW

The Under 15 Girls and Boys zone teams will compete in the 2027 LA Field Lacrosse Festival, in April 2027, in Adelaide (Location TBD) and will:

- Comprise of only eligible Lacrosse SA affiliated players.
- Provide opportunities for all athletes to develop their abilities, athleticism and knowledge throughout the trial/selection period, preparation period and in competition.
- Adhere to a preparation schedule determined by the Head Coach with an emphasis given to both discipline and performance.
- Promote a balanced approach to lacrosse and allow for personal, club, state and national team obligations.
- Compete with exceptional sportsmanship, with the best interest of the game and Lacrosse SA at the forefront of their mind.

The team will provide opportunities for all eligible Lacrosse SA participants to develop their skills, athleticism and knowledge throughout a balanced program that allowing for personal, club, state and national commitments.

FUNCTIONS OF THE ASSISTANT COACH

The Assistant Coach will:

- Reinforce the vision statement and program philosophies.
- In consultation with the Head Coach, provide input on the direction of the program.
- In consultation with Team Personnel, assist the Head Coach to direct the 2027 Under 15 Boys or Girls Program.
- Play a coaching role of the 2027 Under 15 Boys or Girls Team Program.

AGE GUIDELINES FOR COACHES AND MANAGERS

- The age of head coaches for tournament teams shall be 25 years old at time of application or have considerable high level coaching experience.
- The age of assistant coaches for tournament teams shall be at least 18 years of age at time of application.
- Managers shall be at least 25 years old at time of application.

APPLICATIONS

All applicants are asked to apply through the online application form:
https://membership.mygameday.app/regoform.cgi?formID=123682

To apply please read the position description and ensure you upload the following documents with your application:

SELECTION CRITERIA STATEMENT

- A paragraph (or more) addressing each of the questions in the attached 'Selection Statement' document.

ACCREDITATION/ELIGIBILITY DOCUMENTS

- Working with Children Check
- Anti-Doping Fundamentals Course
- Annual Update
- LA Club Coaching Course
- Introduction to Illicit Drugs in Sport
- Safeguarding Children & Young People in Sport Induction course
- Play by the Rules Certificate in Harassment and Discrimination

Courses can be accessed via: https://elearning.sportintegrity.gov.au/login/index.php

ONCE YOU COMPLETE THIS PROCESS YOUR DOCUMENTS WILL REMAIN IN THE DATABASE, MAKING FUTURE APPLICATIONS MUCH EASIER.

Post: Executive Officer, Lacrosse SA, PO Box 246, West Beach, SA, 5024
Email: office@lacrossesa.com.au, Fax: (08) 8355 3360

If there are no applications or no suitable candidates, Lacrosse SA reserves the right to re-advertise or approach suitably qualified candidates to apply.

THE ROLE
Support the Head Coach to provide direction, leadership and management on all aspects of the Team's preparation, match play and operations, ensuring continual correspondence with relevant Lacrosse SA stakeholders to meet any policy, process and procedural requirements.

PROGRAM DEVELOPMENT
- In conjunction with the Head Coach, assist with the development and communication of a comprehensive preparation calendar that is geographically spread and neutralises travel time/expense across the squad.
- Maintain effective communication channels and protocols with squad/team members that support LSA policies.
- Contribute to the development of a comprehensive and intensive training program.
- Assist with the development and distribution of supporting documentation.

GOVERNANCE
- Maintain a sound understanding, support and adherence to policies, including (but not limited to) the Code of Conduct, finance policies, member protection policies, child protection policies, harassment and discrimination policies and weather related policies.
- Attain, provide and maintain the required accreditations and checks set out in the selection criteria.
- Maintain regular contact with relevant LSA stakeholders, squad/team personnel and athletes.
- Provide a written report to LSA at the completion of the program summarising the program, calendar, results, finances, travel arrangements, other essential information and any opportunities for improvement.

SELECTION
- Ensure detailed feedback is provided to players omitted from the Squad/Team that details areas for future development and explains what they can do to be selected in the future.

COACHING
- Contribute to the implementation of technical strategies for team and individual game play.
- Communicate, educate and implement the determined strategies of the Head Coach.
- Provide expert team, specialist and individual coaching.
- Utilise varied teaching methods including demonstrations, whiteboard discussions, film review, written material and question time.
- Assist in the development of supporting materials to assist with athlete education and development.
- Seek to develop individual athletes to the maximum of their ability.
- Pursue leading edge initiatives, techniques and strategies.
- Pursue a balanced focus of "technical mastery" and winning.
- Support the Head Coach to provide quality feedback on a regular basis to athletes, utilising written evaluations, individual meetings, team meetings and technical advice on the field.

SUPPORT SERVICES
- Assist in the delivery of support services including strength and conditioning, recovery, and rehabilitation activities.
- Integrate sports science and sports medicine knowledge into the program.
- Engage and include injured athletes in modified roles or capacities wherever possible.
- Be aware of the mental health of those around you and provide emotional support to those in need.

REPORTING RELATIONSHIPS
- LSA Executive Officer
- Head Coach, Team Manager
- Medical Staff.

SELECTION CRITERIA
ACCREDITATION, QUALIFICATIONS AND WORKING WITH CHILDREN CHECKS:
- Working with Children Check

- Anti-Doping Fundamentals Course
- Annual Update
- LA Club Coaching Course
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EXPERIENCE

- In-depth experience and demonstrated success coaching at a relevant club level or higher.
- Experience and proven capability in the holistic development of athletes.
- Proven ability to work with other coaches.

KNOWLEDGE AND SKILLS

- Specific knowledge of individual technique development, principles of play and delivery.
- Ability to promote game sense aspects of the sport.
- Understanding of concepts and the proven ability to integrate modern sports science, sports medicine and technological advancements into training programs.
- Capacity to develop individual players in a high-performance environment.
- Exceptional, planning, communication and interpersonal skills.
- Sound personnel, financial, administration and IT skills.

PERSONAL ATTRIBUTES

- Positive people management abilities.
- Strong and demonstrated leadership qualities.
- Effective communication and negotiation skills.
- Core values aligning with LSA's strategic vision.

KEY RESULT INDICATORS

- Generation of a quality pool of squad applicants.
- Implementation and integration of leading-edge approaches in coaching, sports science, sports medicine and technology.
- Operates within policy parameters.
- Achieve an agreed set of team and individual targets.
- Promote athletes under your leadership to higher level teams in local and Australian Lacrosse.
- Placing/improvement in ranking in live competition.
- Player satisfaction/development survey.

FINANCIAL INFORMATION

- The role is a voluntary position.
- Subsidisation of travel and accommodation is offered when teams travel. Funds to support this subsidisation are drawn from the pool of paying athletes.
- LSA provide team travel packages for travelling teams and alternative arrangements are unavailable. Team members wishing to make alternative arrangements do so at their own expense and in addition to the team travel package offered by LSA.
- LSA will provide estimated costs to team members but will not provide individually itemised invoices.